



An event  
that's good  
for your  
**heart.**

Russell County Medical Center cares about your heart, so we are joining with the Russell County Diabetes Today Coalition Support Group to host an event to educate the community about the importance of heart health. There will be health screenings, presentations, door prizes and more—all free to the public. Be part of this special event that will do your heart good.

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**Free Heart  
Health Event**



**MONDAY, FEBRUARY 13, 2017  
6:00 p.m.**

Presentation by: John Patterson, MD,  
Mountain States Medical Group - Cardiology

Town Hall Community Center  
405 W. Main St.  
Lebanon, VA

**Questions? Please call 276-883-8190.**

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**People. Trust. Experience.**

58 Carroll St. | Lebanon, VA  
276-883-8000 | [MountainStatesHealth.com/rcmc](http://MountainStatesHealth.com/rcmc)

